



SATURDAY 4TH OCTOBER
&
SUNDAY 5TH OCTOBER
2025

ICN VICTORIA TEAM



WORLD PRESIDENT



ICN FIRST LADY



OCEANIA PRESIDENT



VICTORIA PRESIDENT



VICTORIAN CO-VICE PRESIDENT



VICTORIAN CO-VICE PRESIDENT

CONTACT

TONY LANCIANO ICN OCEANIA PRESIDENT

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MOBILE: 0402 555 505

LIKE OUR FACEBOOK ICN VICTORIA

FOLLOW US ON INSTAGRAM ICN_VICTORIA

DATE:

SATURDAY 4TH & SUNDAY 5TH OCTOBER 2025

CONTEST TIME:

10 AM START

ONLINE ENTRY:

ICOMPETENATURAL.COM

CLICK EVENTS THEN ENTER NEW EVENT

ENTRY FEE :

\$249 FIRST DIVISION ENTRY

ADDITIONAL ENTRIES ARE \$99 EACH.

ENTRIES CLOSE:

MIDNIGHT WEDNESDAY 1ST OCTOBER

PAYMENT:

PAY ONLINE VIA ICOMPETE OR

AT CHECK-IN ON THE WEEKEND (CASH ONLY)

VENUE:

CRC 380 SYDENHAM RD, SYDENHAM VIC

PROMOTER:

TONY LANCIANO 0402 555 505



COMPETITOR CHECKLIST



☐ ENTER ONLINE ICOMPETENATURAL.COM

☐ BOOK YOUR MEDIA PACKAGES
STAGE PHOTOS, BACKSTAGE STUDIO & HYPE REELS

☐ BOOK YOUR TAN, HAIR & MAKE UP

**TAN
OUT OF
TAN**

0403 692 448



0433 560 054

☐ ATTEND POSING WORKSHOPS
NAT KITNEY 0481 796 695 & DONNA ATKINS 0473 142 701

☐ ORDER YOUR BIKINI FROM *67Bikinis* 0425 707 321

☐ ORDER YOUR SWIMSUIT FROM *koko AUSTRALIA* 0421 911 851

☐ TEETH WHITENING **IVORY** 0405 160 350

☐ ICN VICTORIA SUPPLY **FREE** CLASSIC PHYSIQUE TRUNKS,
MENS FITNESS SHORTS & SPORTSMODEL OUTFIT

icompetenatural.com

MEGA SHOW HIGHLIGHTS

- AWARDS FOR EVERY PLACE IN EVERY DIVISION
- NO REGISTRATION DAY TO ATTEND
- SPORTSMODEL OUTFIT SUPPLIED FREE
- MEN'S FITNESS SHORTS SUPPLIED FREE
- MEN'S CLASSIC PHYSIQUE TRUNKS SUPPLIED FREE
- COMPETITORS MAY ENTER MULTIPLE DIVISIONS.
- ALL WINNERS GO INTO THE OVERALL
- FREE CAR PARKING
- QUALIFIER FOR AUSTRALIAN CHAMPIONSHIPS,
CANBERRA 18/19 OCTOBER 2025
- QUALIFIER FOR OCEANIA CHAMPIONSHIPS
CHRISTCHURCH NEW ZEALAND 1ST NOVEMBER 2025

TICKET PURCHASES

- TICKETS ARE ONLY AVAILABLE ON THE CONTEST DAY AT THE DOOR.
 - SUNDAY 28TH SEPTEMBER FROM 8.30AM
 - GENERAL ADMISSION \$49
 - HIGH SCHOOL \$25. PRIMARY SCHOOL & UNDER FREE.
 - CASH ONLY, AS NO CARD FACILITIES ARE AVAILABLE.
 - SEATS ARE NOT RESERVED – SIT WHERE YOU LIKE
 - ONSITE FREE CAR PARK
-

PLEASE NOTE

- COMPETITORS ARE ALLOWED A TRAINER OR HELPER BACKSTAGE BUT MUST PURCHASE A GENERAL ADMISSION TICKET.

ATHLETE TICKET INCENTIVE

ICN IS EXCITED TO REWARD YOU

FOR EVERY SPECTATOR TICKET YOU SELL, YOU'LL EARN \$10 PER TICKET

THE MORE YOU SELL, THE MORE YOU EARN.

HELP PACK THE VENUE WITH YOUR SUPPORTERS AND BE REWARDED FOR IT!

LET YOUR FRIENDS, FAMILY, AND FANS KNOW TO PURCHASE THEIR TICKETS THROUGH YOU.

LET'S FILL THE STANDS AND MAKE IT THE BIGGEST, LOUDEST CROWD YET!

HOW TO SUBMIT:

- 1.COLLECT THE TICKET MONEY FROM YOUR SUPPORTERS.
- 2.PUT THE TOTAL CASH IN AN ENVELOPE.
- 3.WRITE YOUR NAME ON THE FRONT OF THE ENVELOPE.
- 4.LIST ALL YOUR SPECTATORS' NAMES ON THE ENVELOPE.
- 5.HAND IT IN AT THE FRONT DOOR ON SHOW DAY.

EXAMPLE

Athlete: John Smith

- | | |
|------------------|---------------------|
| 1. Jane Brown | 6. Don Brown |
| 2. Tom Brown | 7. Fred Flint |
| 3. Pat Boone | 8. Orlando Lanciano |
| 4. Tony Smith | 9. Alessio Cruz |
| 5. Johnny Walker | 10. Milania Cruz |

Sub Total \$490 Incentive - \$100 Total \$390

TOP 5 MEDALS



PRO QUALIFIER CARD

MENS - BODYBUILDING - CLASSIC PHYSIQUE - PHYSIQUE & FITNESS

FEMALES - FIGURE - FITNESS - WELLNESS - SWIMSUIT - SPORTS & BIKINI

ALL DIVISION WINNERS GO INTO THE OVERALL

WINNER WILL BE AWARDED A PRO QUALIFIED CARD

WHICH ALLOWS THE ATHLETE TO ENTER ANY ICN PRO SHOW IN THE SPECIFIC DIVISION

IN WHICH THEY RECEIVED THIS PRO QUALIFIER CARD,

WHILE STILL RETAINING FULL AMATEUR STATUS.

YOU CAN EARN YOUR PRO CARD AND PRIZE MONEY BY COMPETING IN A PRO SHOW.



RUNNING PROGRAM

EACH DIVISION WILL COME ON STAGE IN THE ORDER LISTED.

PLEASE REALIZE IT IS IMPOSSIBLE TO KNOW HOW LONG EACH DIVISION WILL TAKE TO BE JUDGED OR

IF ALL DIVISIONS WILL BE RUNNING TO GIVE YOU AN ACTUAL STAGE TIME.

WE WILL EMAIL COMPETITORS AN UPDATE ON ESTIMATED STAGE TIMES IN THE LAST WEEK.

SATURDAY

MEN'S PHYSICALLY CHALLENGED

BIKINI MODEL 50+

MEN'S CLASSIC PHYSIQUE 40+

BIKINI MODEL 40+

MEN'S CLASSIC PHYSIQUE 30+

BIKINI MODEL 30+

MEN'S CLASSIC PHYSIQUE 23

BIKINI MODEL 23

MEN'S CLASSIC PHYSIQUE FIRST TIMER

BIKINI MODEL MOMMA

MEN'S CLASSIC PHYSIQUE ROOKIE

BIKINI MODEL FIRST TIMER

MEN'S CLASSIC PHYSIQUE NOVICE

BIKINI MODEL ROOKIE

MEN'S CLASSIC PHYSIQUE OPEN

BIKINI MODEL NOVICE

MEN'S CLASSIC OVERALL CHAMPION

BIKINI MODEL OPEN

MEN'S PHYSIQUE 50+

BIKINI MODEL OVERALL CHAMPION

MEN'S PHYSIQUE 40+

SWIMSUIT MODEL 40+

MEN'S PHYSIQUE 30+

SWIMSUIT MODEL 30+

MEN'S PHYSIQUE 23

SWIMSUIT MODEL 23

MEN'S PHYSIQUE FIRST TIMER

SWIMSUIT MODEL FIRST TIMER

MEN'S PHYSIQUE ROOKIE

SWIMSUIT MODEL ROOKIE

MEN'S PHYSIQUE NOVICE

SWIMSUIT MODEL NOVICE

MEN'S PHYSIQUE UNDER 70KG

SWIMSUIT MODEL MAMMA

MEN'S PHYSIQUE 070KG

SWIMSUIT MODEL OPEN

MEN'S PHYSIQUE OPEN

SWIMSUIT MODEL OVERALL CHAMPION

MEN'S PHYSIQUE OVERALL CHAMPION

RUNNING PROGRAM

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IF ALL DIVISIONS WILL BE RUNNING TO GIVE YOU AN ACTUAL STAGE TIME.

WE WILL EMAIL COMPETITORS AN UPDATE ON ESTIMATED STAGE TIMES IN THE LAST WEEK.

SUNDAY

MENS BODYBUILDING 60+

MS FIGURE 50+

FITNESSMODEL 50+

MENS BODYBUILDING 50+

MS FIGURE 40+

FITNESSMODEL 40+

MEN'S BODYBUILDING 40+

MS FIGURE CLASSIC

FITNESSMODEL 30+

MEN'S BODYBUILDING 30+

MS FIGURE ROOKIE

FITNESSMODEL 23

MEN'S BODYBUILDING FIRST TIMER

MS FIGURE NOVICE

FITNESSMODEL FIRST TIMER

MEN'S BODYBUILDING 23

FITNESSMODEL MAMMA

MEN'S BODYBUILDING ROOKIE

FITNESSMODEL ROOKIE

MEN'S BODYBUILDING NOVICE

MS FIGURE OPEN

FITNESSMODEL NOVICE

MEN'S BODYBUILDING OPEN

MS FIGURE OVERALL CHAMPION

FITNESSMODEL OPEN

MEN'S BODYBUILDING OVERALL CHAMPION

MS WELLNESS ROOKIE

MS WELLNESS NOVICE

MS WELLNESS OPEN

MS WELLNESS OVERALL CHAMPION

FITNESSMODEL OVERALL CHAMPION

MEN'S FITNESS 40+

SPORTS MODEL 50+

MEN'S FITNESS 30+

SPORTS MODEL 40+

MENS FITNESS 23

SPORTS MODEL 30+

SPORTS MODEL 23

MEN'S FITNESS FIRST TIMER

SPORTS MODEL FIRST TIMER

MEN'S FITNESS ROOKIE

SPORTS MODEL MAMMA

MEN'S FITNESS NOVICE

SPORTS MODEL ROOKIE

MEN'S FITNESS OPEN

SPORTS MODEL NOVICE

MEN'S FITNESS OVERALL CHAMPION

SPORTS MODEL OPEN

SPORTS MODEL OVERALL CHAMPION



DIVISIONAL DEFINITIONS

First Timer

- You have never competed before in any federation.
- This is your first-ever contest.
- You may enter multiple divisions at your first contest.
- ⚠️ Note: First Timer does not mean first time in a division – if you have competed previously (in any federation), you cannot enter a First Timer division.

Rookie

- Your first year competing in a specific division.
- If you enter a division between January 1 – June 30 (Season A), you remain a Rookie in that division until December 31 of the same year.
- If you enter after July 1 (Season B), you remain a Rookie in that division until June 30 of the following year.

Age Groups

- Set by promoters and based on your age on the day of contest.
- Examples:
 - 30+ → 30 years & over
 - 40+ → 40 years & over
 - 50+ → 50 years & over
 - 23 → 23 & Under

Novice

- You are eligible unless you have won (placed 1st) in an Open Division OR Overall within that specific division in any federation.

Open

- The highest level of competition in any division.

Overalls

- All class winners compete against each other.
- Determines the best of the best.



CROSSOVER RULES

MENS DIVISIONS

Men's Fitness

- Can crossover into Men's Classic Physique.
- ICN Men's Fitness shorts are supplied free at registration.

Men's Physique

- Can crossover into Men's Classic Physique.
- Must wear board shorts (not supplied) that sit just above the knees.

Men's Classic Physique

- Can crossover into either Men's Physique, Men's Fitness OR Men's Bodybuilding (1 only).
- ICN Men's Classic Physique shorts are supplied free at registration.

Men's Bodybuilding

- Can crossover into Men's Classic Physique only.

FEMALE DIVISIONS

Ms. Fitness Model

- Can crossover into Ms. Sports Model or Ms. Classic Figure.

Ms. Sports Model

- Can crossover into Ms. Fitness Model or Ms. Classic Figure.
- ICN Sports Model outfit is supplied free at registration.

Ms. Bikini Model

- Can crossover into Swimsuit.

Ms. Figure

- Can crossover into Ms. Classic Figure.

Ms. Wellness

- Can crossover into either Ms. Sports Model or Ms. Bikini Model

Ms. Runway & ICN Angels

- Open to all female divisions.

REGISTRATION DAY

REGISTRATION WILL BE HELD INSIDE THE VENUE ON THE DAY OF THE EVENT.

JUST ARRIVE 75 MINS BEFORE YOUR ESTIMATED STAGE TIME

WHEN YOU ARRIVE AT REGISTRATION, COME TO THE TABLE WITH EITHER AN ENVELOPE OR PIECE OF PAPER IN YOUR HAND.

LET ME COVER THIS CAREFULLY AS ITS VITAL TO A FAST,
FLOWING EXPERIENCE FOR COMPETITORS:

IF YOU ARE PAYING YOUR ENTRY FEES IN CASH AT REGISTRATION YOU MUST HAVE THE MONEY IN AN ENVELOPE. ON THE ENVELOPE, PLEASE WRITE THE FOLLOWING 6 PIECES OF INFORMATION:

- YOUR CONTEST NUMBER (THIS WILL BE EMAILED TO YOU BEFORE THE CONTEST)
- THE DIVISION/S YOU HAVE ENTERED AND ESTIMATED STAGE TIME.
- THE MEDIA (PHOTOS AND VIDEO) YOU ORDERED.
- THE TOTAL AMOUNT ENCLOSED IN THE ENVELOPE – THE CORRECT AMOUNT IS APPRECIATED.

IF YOU PAID ONLINE, GIVE US JUST A PIECE OF PAPER (NOT AN ENVELOPE). THIS IS IMPORTANT TO US BECAUSE "ENVELOPE" MEANS YOU NEED TO PAY, AND "PAPER" MEANS YOU HAVE ALREADY PAID. ON THE PAPER, JUST 4 PIECES OF INFORMATION.



TO PAY ONLINE

GO TO PAY ENTRY UNDER EVENTS IN YOUR ION PORTAL

JUST BRING A PIECE OF PAPER WITH:

- YOUR NAME
- YOUR CONTEST NUMBER
- DIVISION/S AND TIME/S ENTERED

WHEN YOU COME TO THE CHECK-IN TABLE, PLACE YOUR ENVELOPE OR PIECE OF PAPER ON THE TABLE IN FRONT OF THE STAFF. THEY CAN WORK QUICKLY OFF THE WRITTEN INFORMATION AND GET YOU OFFICIALLY REGISTERED AND UNDERWAY. ONCE YOU HAND OVER YOUR ENVELOPE/PAPER TO CHECK-IN STAFF THEY WILL MARK YOUR ATTENDANCE AND HAND BACK YOUR CONTEST NUMBER*

CONTEST NUMBER

YOU RECEIVE ONE CONTEST NUMBER – WEAR THE SAME NUMBER FOR EVERY DIVISION. YOU WILL RECEIVE A FRONT NUMBER TO WEAR ON THE RIGHT-HAND SIDE OF YOUR COSTUME, AND A SECOND NUMBER TO WEAR ON THE BACK (CENTRE). THIS WAY, JUDGES SEE YOUR COMPETITOR NUMBERS WHEN YOU TURN AROUND.



OFFICIAL AND EXCLUSIVE TAN, HAIR & MAKEUP PARTNERS

THE ONLY 2 SERVICE PROVIDERS ALLOWED
AT THE VENUE ON SHOW DAY

ALL SELF APPLICATIONS
INCLUDING CREAMS ARE BANNED

TAN
OUT OF
TAN

0403 692 448

LSR
LIQUID SUN RAYZ

0433 560 054

BOOK DIRECTLY TO SECURE YOUR SPOT!

ATTENTION ATHLETES AND COACHES!

ICN VICTORIA IS PROUD TO PARTNER WITH TWO OF THE LEADING TAN, HAIR & MAKEUP PROVIDERS IN AUSTRALIA AS PART OF OUR ONGOING COMMITMENT TO DELIVERING THE HIGHEST QUALITY EXPERIENCE FOR OUR ATHLETES.

BOOK DIRECTLY TO SECURE YOUR SPOT

🌟 LIQUID SUN RAYZ (LSR)

☎ 0433 560 054

🌟 TAN OUT OF TAN (TOOT)

☎ 0403 692 448

THESE ARE THE ONLY OFFICIAL AND APPROVED SERVICE PROVIDERS FOR ICN VICTORIA SHOWS.

THEY WILL HAVE EXCLUSIVE VENUE ACCESS, INCLUDING BACKSTAGE AREAS.

STRICTLY PROHIBITED:

- ANY OTHER SERVICE PROVIDERS OFFERING TANNING, HAIR, OR MAKEUP ON-SITE
- SELF-APPLICATION OF TAN BACKSTAGE
- USE OF DREAM TAN OR SIMILAR TANNING CREAMS
- APPLICATION OF TAN, HAIR, OR MAKEUP THRU OUT THE VENUE

ALLOWED TO BE APPLIED BY BACKSTAGE HELPER

- GLAZE
- OIL
- HOT STUFF

THESE POLICIES ARE IN PLACE TO PROTECT OUR VENUE AND ENSURE FAIR, CONSISTENT JUDGING OF YOUR HARD-EARNED PHYSIQUES ON STAGE.

WE THANK YOU FOR YOUR UNDERSTANDING AND COOPERATION IN MAINTAINING THE PROFESSIONAL STANDARDS OF ICN VICTORIA.

BACKSTAGE

A SIGNIFICANT BENEFIT OF OUR BACKSTAGE AREA IS THE SIZE. THERE IS NO RESTRICTION ON HOW MANY PEOPLE CAN HELP YOU GET READY AND AFTER COMPETING THEY CAN RETURN BACKSTAGE WITH YOU FOR PHOTOS AGAINST OUR ICN BACKDROPS.

BRING YOUR OWN PUMP-UP ACCESSORIES IF NEEDED.

VENUE HAS 6 COMPULSORY CONDITIONS:

1. DO NOT OIL BY HAND OR SPRAY IN THE SIDE HOLDING AREA BEFORE GOING ON STAGE. A SLIPPERY FLOOR IS HAZARDOUS FOR EVERYONE.
2. COMPETITORS MUST BRING A TOWEL (OR SIMILAR) TO STAND ON WHEN APPLYING ANY TAN/OIL BACKSTAGE.
3. ALWAYS WEAR SANDALS (OR SIMILAR) BACKSTAGE UNTIL YOU GO ON STAGE.
4. COMPETITORS MUST BE FULLY CLOTHED BEFORE SITTING ON CHAIRS IN THE VENUE.
5. DO NOT TOUCH OR LEAN ON WALLS. IF YOU ACCIDENTALLY DO, PLEASE WIPE OFF TAN MARKS WITH BABY WIPES OR SIMILAR TO REMOVE ALL TRACES.
6. DO NOT SIT DIRECTLY ON THE TOILETS SEAT IF YOU ARE TANNED OR THROW BABY WIPES IN TOILET AS THIS BLOCKS THEM, THROW IN BIN PLEASE



CENTRE STAGE WALK FOR ALL DIVISIONS

Ensuring every athlete gets more time & equal Spotlight

1. Stage Entry (Stage Left)

All athletes enter stage together & asked to line up on the back line (Red or Yellow line).

2. Individual Presentation

Each athlete is introduced, walks forward to the Centre stage ICN Posing Mat, Striking one front pose only.

3. Return to Position

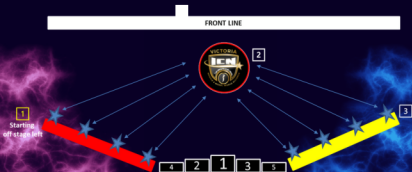
Athletes Walk back to their Starting Position on the back line.

* After all have completed their Centre-stage poses & have returned to their original positions.

4. Front White Line Walk

All athletes will be asked to walk together to the Front White Line maintaining the same order.

5. Formal Judging Begins



ICN FREE OUTFITS



CLASSIC PHYSIQUE



SPORTS MODEL



MENS FITNESS

CLASSIC PHYSIQUE TRUNKS, SPORTS WEAR, MEN'S FITNESS SHORTS
SUPPLIED FREE COURTESY OF ICN VICTORIA AT EVERY EVENT
COLLECT AT CHECK-IN TABLE ON THE DAY.

OVERALL CHAMPION GOLDEN TROPHY

OVERALL WINNERS WILL RECEIVE
THE ICN VICTORIAN OVERALL CHAMPION TROPHY WITH THEIR SPECIFIC DIVISION.



MENS DIVISIONS

MENS BODYBUILDING



CLASSIC PHYSIQUE



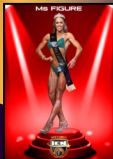
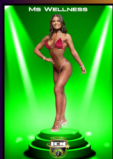
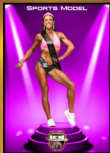
MENS PHYSIQUE



MENS FITNESS



FEMALE DIVISIONS





MEDIA PACKAGES

CAPTURE THOSE SPECIAL MOMENTS & MEMORIES

STAGE PHOTOGRAPHY
BY DARYL LANE

10 PROFESSIONALLY EDITED STAGE PHOTOS
ONLY \$59 PER DIVISION

HYPER REELS WITH MUSIC
BY DAN SNIPERSHOTS PHOTOGRAPHY

- * 1 DIVISION FOR ONLY \$149
- *2 DIVISIONS FOR ONLY \$249
- *3 DIVISIONS FOR ONLY \$349
- *4 DIVISIONS FOR ONLY \$399

BACKSTAGE PHOTOGRAPHY STUDIO
BY WARWICK MARCAKIS

10 HIGH - RESOLUTION STUDIO STYLE IMAGES
ONLY \$99

DRUG TESTING & SUPPLEMENT WARNING

DRUG TESTING PERFORMANCE-ENHANCING SUBSTANCES AT ICOMPETE NATURAL EVENTS IS CONDUCTED VIA WADA STANDARD URINE ANALYSIS AT INTERNATIONAL LABS.

AS A GENERAL RULE, DON'T TAKE ANY SUPPLEMENTS 3 DAYS BEFORE THE COMPETITION.

THIS WILL AVOID AN INADVERTENT POSITIVE TEST FROM A SUBSTANCE ONLY BANNED "IN COMPETITION" WHICH IS MOSTLY THE PROBLEM WE SEE WITH PRE-WORKOUT SUPPLEMENTS.

WHEN SELECTED FOR DRUG TESTING, PLEASE FOLLOW THE OFFICIAL TO THE TESTING AREA AND LET THE OFFICIAL KNOW IF YOU ARE COMPETING AGAIN SOON;
WE WILL LET YOU PREPARE AND COMPETE FIRST.



ACHIEVEMENT

AT ICN VICTORIA BELIEVES COMPETITORS WHO TAKE UP THE CHALLENGE OF COMPETING BUT DO NOT PLACE IN THE TOP 5 HAVE OFTEN ACHIEVED AS MUCH AS THOSE PLACING HIGHER.

AS SUCH, WE PRODUCE AN ACHIEVEMENT MEDAL AS STRIKING AS OUR TOP 5 AWARDS TO RECOGNIZE THE REMARKABLE ACHIEVEMENT TO MAKE IT

THROUGH ALL THE CHALLENGES AND PREPARATION TO STEP ONTO THE CONTEST STAGE.

OUR SPORT IS ALSO A UNIQUE JOURNEY. THE ROAD TO THE PODIUM MAY TAKE MANY ATTEMPTS AND DURING EACH, A COMPETITOR IS CONSTANTLY ACHIEVING REMARKABLE THINGS, EVOLVING AS AN INDIVIDUAL, LEARNING AND GROWING.

THE ACHIEVEMENT MEDALS REPRESENT THESE MANY TESTS, TRIALS AND ACHIEVEMENTS, WHICH ALL CONTRIBUTE TO SUCCESS FURTHER DOWN THE PATH BOTH IN SPORT AND PERSONALLY.

ICN COMPETITOR ACHIEVEMENT MEDALS (EQUAL 6TH PLACE)



JUDGES

ICN VICTORIAN JUDGES MUST UNDERGO A TRAINING PROCESS BEFORE BECOMING AN OFFICIAL JUDGE WHICH CAN TAKE UP TO 12 MONTHS.

THEY ARE INITIALLY ASSESSED ON THEIR CRITIQUING PRACTICE AT LIVE SHOWS BY THE HEAD JUDGE AND MUST REACH A HIGH STANDARD BEFORE PROGRESSING ONTO COMPETITOR PLACING.

TRAINEE JUDGES ARE THEN ASSESSED ON PLACING COMPETITORS AT LIVE SHOWS, AND ONCE THEY ARE DEEMED COMPETENT BY THE HEAD JUDGE, TRAINING IS COMPLETE, AND THEY ARE MADE AN OFFICIAL JUDGE.

ICN VICTORIAN JUDGES MUST ALSO BE OF GOOD CHARACTER, BE ABLE TO ALWAYS WORK UNDER PRESSURE AND DISPLAY PROFESSIONALISM. HAVING CONTEST EXPERIENCE AND/OR FITNESS INDUSTRY EXPERIENCE IS HIGHLY DESIRABLE.

WE TAKE YOUR COMPETING SERIOUSLY, AND SO WE DO NOT JUST PICK PEOPLE TO JUDGE YOUR HARD WORK JUST BECAUSE THEY HAVE COMPETED OR HOLD TITLES.

WE TOTALLY UNDERSTAND THE EFFORT AND DEDICATION YOU HAVE PUT IN TO GO ON STAGE, SO WE HAVE THE BEST TO JUDGE YOU.

JUDGING PANEL



Australian Head Judge
Andrew



Victorian Head Judge
Jessica



Queensland Head Judge
Jay



Victorian Judge
Justine



Victorian Judge
Adrain



Victorian Judge
Doreen



Victorian Judge
Luke



Victorian Judge
Scott



Victorian Judge
Wayne



Victorian Judge
Alex

CHAMPION TRAINER AWARD

ICN VICTORIA IS PROUD TO BE THE FIRST ORGANISATION TO RECOGNISE THE CONTRIBUTION AND SUPPORT TRAINERS PROVIDE THEIR CLIENTS AND COMPETITORS.

WE WILL BE AWARDING THE TRAINER OF THE WINNER IN EVERY DIVISION WITH THEIR OWN ICN TRAINER AWARD.

THIS AWARD IS BOTH A THANK YOU FROM THE ICN AND YOURSELF FOR THEIR DEDICATION AND SUPPORT IN RECEIVING THE ICN AWARD WE HOPE YOUR TRAINER FEELS A GREATER PART OF THE EVENT AND YOUR JOURNEY BY HELPING YOUR TRAINER SHARE THE SUCCESS AND "THE MOMENT" WITH YOU.

IF YOU HAVE A TRAINER, AND IF THEY ARE AT THE VENUE, WE INVITE THEM ONSTAGE SO YOU CAN BOTH HAVE YOUR PHOTO TAKEN HOLDING YOUR AWARDS.

WE HAVE ALREADY TAKEN YOUR TRAINER INFORMATION FROM MY PROFILE IN ICOMPETE, BUT YOU CAN ALSO TELL YOUR TRAINER TO BE READY TO JUMP ON STAGE IF YOU WIN!
CHAMPION TRAINER AWARD



BULK NUTRIENTS
PURE SUPPLEMENTS

C4 ENERGY

PRANA ON



MUSCLE

MODELS

CHAMPIONSHIPS

4TH - 5TH OCTOBER 2025

QUALIFIER FOR AUSTRALIAN CHAMPIONSHIPS CANBERRA

SATURDAY - MENS CLASSIC PHYSIQUE, MENS PHYSIQUE, BIKINI MODEL, SWIMSUIT MODEL

SUNDAY - MENS BODYBUILDING, MENS FITNESS, MS FIGURE, MS WELLNESS, FITNESS MODEL, SPORTS MODEL



CRC SYDENHAM

380 SYDENHAM RD SYDENHAM

General \$49 High School \$25 U12 FREE

Ticket includes Backstage Access



icompetenatural.com





CHAMPIONSHIPS

4th - 5th October

TAN
OUT OF
TAN

EVENT PARTNERS



C4 ENERGY



newie

BULK NUTRIENTS
PURE SUPPLEMENTS

PRANA ON

INTERNATIONAL
PROTEIN



Papa
MACROS
Taking Most Progress Here Levels

61 Bikinis

MUSCLE
STATION



Dominant
24-7 Gym
BELIEVE IN YOURSELF

Boutique Physique

fisiocrem



SOUL IV

IVORY



MAX'S



BOOST
juice bars

BLACK
WOLF



WV
WHITE WOLF
NUTRITION

koko
AUSTRALIA

icompetenatural.com